



**A Free 8-week Creative Arts Class
for Adults ages 55+**

~ THE ART AROUND US ~

Location: Plymouth Regional Senior Center
8 Depot St., Plymouth NH

When: Fridays, 11:30 a.m.-1:30 p.m.
April 7-June 9 (May 5 & 12 are open studio days)

In this class participants will learn to see nature in new ways, through hands-on exploration of color, using acrylic paints and collage techniques. Each person's art will be integrated into a hand-made artist book. Treat yourself to a relaxed, inspiring and community-building experience!

Instructor Kathy Cadow Parsonnet is a visual artist whose prior career was in nursing and public health. She has blended Arts and Health in her work as a teaching artist for the last 15 years, developing interactive art forms that make art accessible to all.

Register early, as class size is limited.

No arts experience is required, but experienced artists are welcome! Materials will be provided; brunch will be offered at 10:30 prior to the class.

There is no registration fee; donations are welcome.

Parking is free; transportation is available for those who need it.

Register by phone (603-536-1204), e-mail (rkoczur@gcsc.org) or in person at the Center, or online at www.experiencearts.org.

These programs are co-sponsored by AANNH and GCSCC. Additional programs are being offered throughout the county between now and November. Read more at www.experiencearts.org.

This program is made possible through the national Seeding Artful Aging initiative of Aroha Philanthropies with additional support from the Couch Family Foundation. Artful Aging programs are intended to inspire and enable older adults to learn, make and share arts in ways that are novel, complex and socially engaging. No experience is necessary—only the passion to learn something new and to challenge yourself through an arts medium!



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